

Skincare, beauty, and you

Kalia Dermatology and Laser Center

As the years pass, many people notice sagging skin on their face and neck, along with the appearance of fine lines, wrinkles, and age spots. They wonder how they can look younger and more rejuvenated, without taking time off work or away from their family.

Cosmetic dermatologists specialize in non-invasive skin-rejuvenating procedures that are safe and effective with little to no downtime. An artistic combination of Botox, fillers, lasers, and skin-tightening treatments can smooth and lift the face, while delaying the signs of aging.

Is Botox for me?

Many people find Botox intriguing, but are alarmed by media stories about unlicensed practitioners. And indeed, in order to achieve the best, most natural-looking results, it is important to receive treatment from an experienced physician. Botox works by relaxing the muscles that form wrinkles and lines when they contract. Once injected with Botox, the lines can no longer etch on that area of the face. The results of a Botox treatment usually can be seen within one week after therapy, and typically last three to four months.

Restore facial volume with injectable fillers

As we age, hollows appear under the eyes, the cheeks begin to sink, and the lips start to thin. Restylane and injectable collagen restore volume to areas of the face to create a fuller, more youthful look. Fillers can be used to treat facial wrinkles, dark circles under the eyes, and to create fuller, sexier lips. An experienced dermatologist can use a combination of fillers to give you the most natural and pretty look possible, rather than the exaggerated look of some celebrities.

The benefits of photofacials

Intense pulsed light (IPL) treatments use a specialized spectrum of light energy to treat brown spots, uneven skin tone, and enlarged blood vessels. Although this technology has been available for close to a decade, not all intense pulsed light machines are created equal. As with any technology, the newer generation of machines continues to evolve, to give you the safest and most effective treatments available today. Photofacials can improve the signs of aging by reducing blotchiness and uneven skin tone caused by the sun and pregnancy.

Non-surgical skin tightening

Sagging of the lower face and neck can make you look tired and older. As we age, the collagen in our skin diminishes, resulting in loss of firmness and elasticity. One of the newest treatments available is infrared light technology to lift and tighten the skin. Infrared light is pulsed to stimulate new collagen production in the skin, and the procedure is virtually painless. The appearance of sagging skin at the jawline and neck, loose skin on the upper arms and abdomen, as well as acne scarring may all improve.



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—Dr. Iris Gin

Dr. Iris Gin is a board-certified dermatologist in Los Gatos and the founder of Kalia Dermatology and Laser Center, Inc. She has more than 10 years of experience in skin rejuvenation techniques, and specializes in skincare procedures that have little to no downtime. She is a member of the American Academy of Dermatology and the American Society of Dermatologic Surgery. For more information, visit www.KaliaSkinCare.com, or call 408.356.1000. Kalia is located at 15055 Los Gatos Boulevard, Suite 100, Los Gatos, CA 95032.